

Course layout Gold Coast 100 Runaway Bay Sports Supercentre

16 laps x 6.25 kms for 100 kms
8 laps for 50 kms, 4 laps for 25 kms
50 miles, complete the first lap then 12 complete laps
marathon, complete first lap then 6 complete laps
10 kms, complete the first lap, then run one more lap

10 kms start

Marathon start

50 mile start

AID STATIONS

START / FINISH